

Invitation:

All health workers are cordially invited to attend the annual RuDASA meeting, which takes place at Bulungula Lodge, on the Wild Coast of the Eastern Cape Province. The meeting is a post- conference workshop after the National Family Practitioners Congress and will focus on strategies that can be injected into rural health care to benefit the health of rural communities. See you there!

*Dr. Ntoden Ndwmato:
Chairperson: RuDASA*

Programme information:

Apart from covering clinical aspects around HIV care in rural areas (ARV's and TB-HIV) the program will evolve around developing strategies for rural health:

- Recruitment and retention of health workers
- Creating rural training complexes
- A dummy's guide to dealing with CHAOS in the hospital
- Developing a support network for rural health workers

Delegates are advised to submit abstracts for free papers and posters for the National Family Practitioners Congress, which takes place in Mthatha from 5 to 7 August 2005, in collaboration with RuDASA – to e-mail: info@nfpc.co.za

Date:

Registration from 16:00 hours on Sunday 7 August 2005
Closure at 16:00 hours on Monday 8 August

Directions to Bulungula Lodge (4x4's only!):

From Mthatha take the N2 towards East London, take the Coffee Bay turn-off (left). After 50km turn right onto a dirt road (Bulungula signposted). Turn right after 17km. After 13km you reach a walled shop, after which you take a right fork after 800m – and another right fork 7 km later. Follow the "Bulungula 4x4" signs. At the end of the road follow the orange painted stones to the Lodge.

Visit the website of the Lodge on:
www.bulungula.com

You are responsible for booking and payment of your own accommodation – please contact Dave at Bulungula Lodge.

Contact details:

Within South Africa: 047 577 8900
Outside South Africa: +27 47 577 8900
Email: dave@bulungula.com

Options to travel to Bulungula:

- You can travel there yourself – you need a 4x4 vehicle!!! (see directions above)
- You can drive as far as Madwaleni Hospital, leave your vehicle there and be transported from there (for directions to Madwaleni please contact Dr. Will Mapham)
- You can book with Dave from Bulungula to be picked up at the Ultra City in Mthatha

Please ensure that you arrive in daylight as it is likely to get lost after dark

Accommodation options at Bulungula:

Huts - sharing at R 50.00 per person per night
Camping - at R 30.00 per person per person per night

Book with Dave (Bulungula): see previous page
Please note that you will have to share with other delegates to the conference!

Please book early to avoid disappointment!

Conference Facilitators:

Anlé at ABO Facilitators
Cell phone: 083 228 4116
Tel and Fax: 043 – 721 0607
Email address: abofacil@iafrica.com
Postal address: ABO Facilitators
PO Box 19498
Tecoma, East London 5314

Conference Registration Fee:

Members	R 250.00 (R300 after 10 July)
Non-members	R 360.00 (R410 after 10 July)

The conference fee includes supper on Sunday and Monday, teas and lunch on Monday (breakfasts to be paid for at Bulungula).

Early registration deadline: 10 July 2005

Bank details:

Standard Bank
Branch name: **Vincent Park**
Branch code: **053721**
Account Name: **RUDASA Conference 2005**
Account number: **24 170 007 8**

Please send proof of payment to ABO Facilitators

Registration form:

Please complete this registration form and send/fax to:

ABO Facilitators (see information on previous page)

Participant's details: (block letters please)

Title: _____

Surname: _____

Initials: _____

Name (for nametag): _____

Organisation or private: _____

Full postal address: _____

Postal code: _____

Tel: _____

Fax: _____

Cell: _____

Email address: _____

Conference registration fee:

- Member: R250 Late member: R300
 Non-member: R360 Late non-member: R410

Please indicate method of payment:

- Bank deposit/electronic Cheque
 Credit card

(Please fax proof of payment to ABO Facilitators)

Catering:

As we are in a deep rural area, we will use local caterers, but feel free to mention your food preference and we will try to meet your needs:

Preferred mode of transport to Bulungula:

- Own vehicle (4x4)
 From Madwaleni Hospital
 From Mthatha

Accommodation/dates booked at Bulungula:

- Hut Camping
 Sunday night Monday night Both

Conference convenors:

Dr. Sabine Verkuil

(083 2894963; sabine@hst.org.za)

Dr. William Mapham

(082 3255842; william.mapham@gmail.com)

RuDASA membership:

R100 per annum (Students, interns, community service doctors R60)

Payable to:

Dr HOFFIE CONRADIE,

The Secretary, RuDASA

Private Bag X3058

Worcester, 6849

E-mail: shawcon@imagnet.co.za

Membership forms are available on the RuDASA website www.rudasa.org.za



Rural Doctors Association of Southern Africa

9th Annual Meeting
Post GP conference workshop
7-8 August 2005
Bulungula Backpackers Lodge
Wild Coast
Eastern Cape Province



"Injecting strategy into rural health"

Supported by:



**Eastern Cape
Department of Health**